

# Maps, Parking, and Places to Stay

**A Reference Guide for Patients and Families**

Read this guide to learn about:

- Parking around the hospital
- Volunteer Driver's program
- Vancouver General Hospital amenities
- Eating around Vancouver General Hospital
- Recommendations when booking places to stay

## **Parking:**

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### **Where can I find parking around Vancouver General Hospital (VGH)?**

You may be dropped off at the main entrances to the Jim Pattison Pavilion or Leon Blackmore Pavilion. Note that there is no temporary parking at these entrances – only active drop-off and pick-up allowed. Please refer to the included map for parkade locations and prices, these prices are subject to change.

### **VGH Parkade**

This is located at 890 W12th Ave, Vancouver (on Laurel Street and West 12th Avenue). There are two entrances: Laurel Street and West 12th Avenue. It is strongly encouraged that you park here for your L/BMT Daycare Appointments. See circled section on the map located on the following page.

### **Diamond Health Care Centre Parkade**

This is located on Laurel Street, between West 10th and West 12th Avenues. There is only one entrance and it is accessible via Laurel Street.

### **Street Parking:**

There are metered parking spaces around the hospital on 12<sup>th</sup> Street, Laurel Street and on the upper ramp of the Jim Pattison Pavilion entrance.

There is free street parking available on the street if you have time to drive around the side streets and don't mind walking a few blocks. Street parking closer to the hospital have a green 2-hour limit sign between 6am and 6pm. There is no time limit for these spaces at night between 6pm and 6am.

### **How can I find out more about Disabled parking stickers for my vehicle?**

Applications for disabled parking stickers require approval from your doctor. To find out if you qualify, go online [www.sparc.bc.ca/parking-permits/apply-for-a-permit/](http://www.sparc.bc.ca/parking-permits/apply-for-a-permit/) or call 604-718-7744 or toll free at 1 888 718 7794.

# Vancouver General Hospital

## Hospital Zone Map with Seating Areas



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VGH Parkade

## VANCOUVER COASTAL HEALTH - PUBLIC PARKING RATES

FACILITY	LOT LOCATION	LOT #	FIRST 1/2 HOUR	FIRST HOUR	EACH ADDITIONAL HOUR	DAY/EVENING RATE	24 HR RATE	EVENING (5pm to 6am) & WEEKEND	WEEKLY	MONTHLY
GFS	GF Strong	213	\$1.50	\$3.00	\$3.00	\$8.50	-	-	-	\$115.00
LGH	North Shore Hospice (Pay-by-Phone only)	196	\$1.75	\$3.50	\$3.50	-	\$14.25	\$6.00	-	
	LGH Main Parkade (Level 1 to 3)	144	\$1.75	\$3.50	\$3.50	-	\$14.25	\$6.00	\$48.00	\$66.75
	LGH HOpe Centre	146	\$1.75	\$3.50	\$3.50	-	\$14.25	\$6.00	\$48.00	\$66.75
	LGH Evergreen House	145	-	\$1.75	\$1.75	-	\$14.25	\$6.00	\$48.00	\$66.75
	LGH Rehab Centre (off E. 13th St)	195	\$1.75	\$3.50	\$3.50	-	-	-	-	-
VGH	Vancouver General Hospital Parkade	186	\$3.00	\$6.00	\$6.00	-	\$18.75	-	\$64.50	-
	JPP Upper Ramp	189	\$3.75	\$7.50	\$7.50	-	-	-	-	-
	JPP Lower Ramp	188	\$3.00	\$6.00	\$6.00	\$18.75 (7am – 5pm M-F)	-	-	-	-
	Emergency	191	\$3.00	\$6.00	\$6.00	-	-	-	-	-
	Courtyard	187	\$3.00	\$6.00	\$6.00	\$18.75 (6am - 5pm M-F)	-	\$8.25	-	-
ECC	Eye Care Centre	194	\$3.00	\$6.00	\$6.00	\$18.75 (6am - 5pm M-F)	-	-	-	-
SCC	Skin Care Centre	193	\$2.00	\$4.00	\$4.00	\$10.00 (7am-7pm M-F Code Required)	-	-	-	-
DHCC	Diamond Health Care Centre Parkade	184	\$3.00	\$6.00	\$6.00	-	\$18.75	-	\$64.50	-
RH	Richmond Hospital Parkade & Exterior Lot	202	-	\$3.50	\$3.50	-	\$15.00	-	\$35.25	\$63.00
Minoru	Minoru Residences	208	-	\$3.00	\$3.00	-	\$15.00	-	-	

Updated Nov 2019

## **Volunteer Drivers:**

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### **Volunteer Cancer Drivers Society (no charge) 604-515-5400**

This is a certified not-for-profit charity organization operating Monday to Friday 8am – 6pm, providing complimentary transportation to and from essential cancer treatments and cancer related medical appointments. This service covers Vancouver, North and West Vancouver, Burnaby, Coquitlam, Port Coquitlam, Port Moody, Surrey, White Rock, Richmond, Delta, Langley, New Westminster, Maple Ridge, Pitt Meadows, Chilliwack, Abbotsford and Mission.

For more information or to book a ride, visit <https://volunteercancerdrivers.ca/>

\*Please always book two days ahead if possible\*

## **At Vancouver General Hospital:**

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The **volunteer help desk** located in the main entrance of Jim Pattison Pavilion can help you with any questions about resources and locations in the hospital.

### **Translators/Language Interpreters**

Spoken language interpreters are available to help with communication between staff and patients who have limited English. These interpreters can only be requested by our staff, please speak to us if you or your family needs the help of an interpreter.

### **Spiritual Care at VGH 604-875-4151**

Ask your nurse for a referral to our Spiritual Care services; non-denominational professionals can meet with you, regardless of your beliefs. There is a Sacred Space on the ground floor of Leon Blackmore Pavilion near the elevators. This is a quiet room, open to everyone, for prayer, meditation, reflection and ceremony.

<http://www.vch.ca/your-care/cultural-spiritual-services/spiritual-care-multifaith-services>

### **VGH's CIBC Centre for Patients and Families 604-875-5887**

Located in VGH's main lobby, this is a quiet area where caregivers can access computers, phones, printers, copiers, fax machines and reading/media rooms. A librarian is also available to help recommend books & resources.

<https://www.vch.ca/en/location-service/cibc-centre-patients-families-vancouver-general-hospital>

### **Aboriginal Patient Navigator Program at VGH 1-877-875-1131**

Ask for a referral to the Aboriginal Patient Navigator Program for requests for traditional ceremonies such as smudging, cedar and elder fan brushings or blanketing. See the link for the First Nations Health Authority's "Living with Cancer" Guide: <http://www.fnha.ca/wellnessContent/Wellness/Living-With-Cancer.pdf>

## Where can I eat around Vancouver General Hospital?

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- **Sassafras Cafeteria** offers a wide variety of foods. Relax in its large seating area, which includes lounge chairs, sofas and an outdoor patio. It is located on the 2nd floor of Jim Pattison Pavilion and the 3rd floor of Leon Blackmore Pavilion. Sassafras is open every day from 6:30 am to 7:00 pm.
- **Café Ami** offers a full range of sandwiches, pastries and cookies. It is located at the main entrance of Jim Pattison Pavilion. Café Ami is open every day from 6:00 am to 11:30 pm.
- **Zookaz Kaffé** offers a variety of food, including soups, paninis, pasta dishes, pastries and cookies. It is located on the main floor of the Diamond Health Care Centre, across the street from Jim Pattison Pavilion (Laurel Street exit). Zookaz Kaffé is open Monday to Friday from 6:00 am to 5:00 pm.
- **Purple Grain** offers a salad bar, pre-made salads and bowls, soups, fresh juices, real fruit smoothies and other beverages. They have vegan and gluten free options. It is located on the main floor of the Diamond Health Care Centre, across the street from Jim Pattison Pavilion (Laurel Street Exit). Salad Loop™ is open Monday to Sunday from 5:30 am to 7:00 pm.
- **Starbucks® Coffee and Shoppers Drug Mart® Pharmacy:** Both are located on the main floor of the Diamond Health Care Centre, across the street from Jim Pattison Pavilion (Laurel Street Exit).

**Tim Horton's®** and many more local restaurants, coffee shops and stores are located along West Broadway, 1 block north of 10<sup>th</sup> Ave. At the Cambie St. and West Broadway intersection (15-20 minute walk):

- Broadway-City Hall Skytrain Station
- London Drugs Pharmacy
- Save-On-Foods Groceries
- Whole Foods Groceries
- Canadian Tire
- Best Buy
- Homesense/Winners

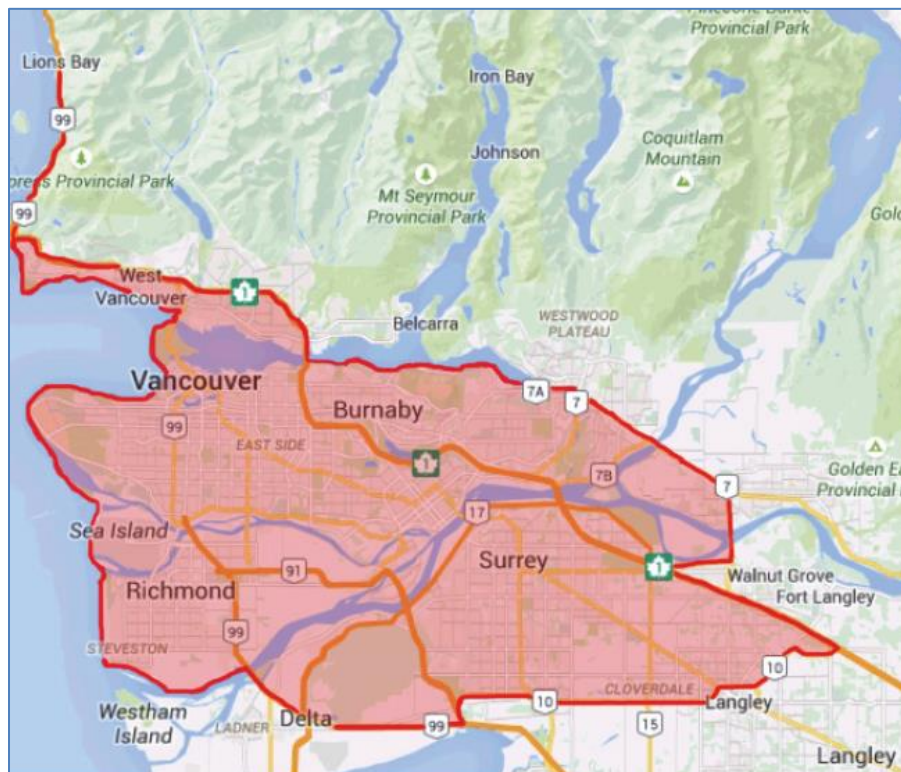
## I'm from out of town, where could I stay?

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Many patients requiring treatment do not live in the Lower Mainland. Our team can assist you in finding accommodations, see the following pages for options.

### IMPORTANT things to consider when organizing accommodations:

- Ensure accommodations are within a 60 minute drive to Vancouver General Hospital; please see the boundary map below.
- Patients with weak immune systems will not be able to take public transit.
- Our program can't ensure all of the housing options in the following pages are appropriate for patients. Please always visit the apartment or thoroughly research options before booking long term accommodations.
- To plan for unpredictable schedule changes, we recommend booking accommodations with a flexible cancellation policy.
- Try to choose lodgings that have an elevator or a minimum amount of stairs.
- When making reservations, ask if the location has "Medical Rates".
- Also see <https://www.vch.ca/en/location-service/cibc-centre-patients-families-vancouver-general-hospital>





## Places to Stay

### VGH & GF Strong Area

#### Nightly Price Range Legend

\$ = \$0 - \$100	\$\$ = \$100 - \$150	\$\$\$ = \$150 - \$200	\$\$\$\$ = \$200+
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#### ACCOMMODATIONS BY PILLOW SUITES

<b>Address</b>	2859 and 2875 Manitoba Street (at West 13 <sup>th</sup> Ave.)	<b>Phone</b>	604-879-8977
<b>Email</b>	suites@pillow.net	<b>Web</b>	<a href="http://www.pillow.net">www.pillow.net</a>
<b>Walk Time</b>	Approximately 25 minutes	<b>Rates</b>	Low Season: \$ High Season: \$-\$\$
<b>Description</b>	Minimum 30 day stay. 1 and 2 bedroom furnished apartments, fully equipped kitchens. 2 apartments with dishwashers. 2-bedrooms have in-suite washer/dryer. Includes access to washer/dryer, wireless internet, telephone, TV and separate entrances. Free limited parking.		

#### CAMBIE LODGE B&B

<b>Address</b>	446 West 13 <sup>th</sup> Ave. (at Cambie St.)	<b>Phone</b>	604-872-3060 Toll Free: 1-888-872-3060
<b>Email</b>	reservations@beautifulguesthouse.ca	<b>Web</b>	<a href="http://www.cambie.beautifulguesthouse.ca">www.cambie.beautifulguesthouse.ca</a>
<b>Walk Time</b>	Approximately 15 minutes	<b>Rates</b>	Low Season: \$-\$\$\$ High Season: \$\$
<b>Description</b>	Extended or short term stays. Includes TV, wireless internet, breakfast and parking. Rooms have a queen bed and private or shared bathroom, or a limited number of 2-room suites for a family of 5 members. <i>No Kitchen. Not Wheelchair Accessible</i> <b>Medical discount available.</b>		

#### DOUGLAS GUEST HOUSE

<b>Address</b>	456 West 13 Ave (at Cambie St.)	<b>Phone</b>	604-872-3060 Toll Free: 1-888-872-3060
<b>Email</b>	reservations@beautifulguesthouse.ca	<b>Web</b>	<a href="http://www.douglas.beautifulguesthouse.ca">www.douglas.beautifulguesthouse.ca</a>
<b>Walk Time</b>	Approximately 15 minutes	<b>Rates</b>	Low Season: \$-\$\$\$ High Season: \$\$
<b>Description</b>	Extended or short term stays. Private rooms with queen bed and shared bathroom, or a limited number of 2-room suites with kitchenette and private bath. Includes TV, Wi-Fi, breakfast and parking. <i>No Kitchen. Not Wheelchair Accessible.</i>		

#### DOUGWEST BUILDING

<b>Address</b>	464 West 13 <sup>th</sup> Ave. (at Cambie St.)	<b>Phone</b>	604-872-3060 Toll Free: 1-888-872-3060
<b>Email</b>	dougwest@beautifulguesthouse.ca	<b>Web</b>	<a href="http://www.dougwest.beautifulguesthouse.ca">www.dougwest.beautifulguesthouse.ca</a>
<b>Walk Time</b>	Approximately 15 minutes	<b>Rates</b>	Low Season: \$-\$\$\$ High Season: \$\$
<b>Description</b>	Long stay. Private rooms with queen bed and shared bathroom, TV, Wi-Fi, a large fully equipped kitchen, coin-operated laundry and a large living room for common use. Maid services once a week. <i>Not Wheelchair Accessible.</i>		

## EASTER SEALS HOUSE

<b>Address</b>	3981 Oak Street (at West 24 <sup>th</sup> Ave)	<b>Phone</b>	604-736-3475 Toll Free: 1-800-818-3666
<b>Email</b>		<b>Web</b>	<a href="http://www.lionsbc.ca">www.lionsbc.ca</a>
<b>Walk Time</b>	Approximately 20 minutes	<b>Rates</b>	\$ (\$76/night)
<b>Description</b>	TV and kitchenettes. Parking (\$10/night). Pets <25lbs allowed upon approval (\$25/night)		

## FAIRVIEW GUEST HOUSE

<b>Address</b>	896 W. 13 <sup>th</sup> Ave (at Laurel St.)	<b>Phone</b>	604-873-0842
<b>Walk Time</b>	Approximately 5 minutes	<b>Rates</b>	\$-\$
<b>Description</b>	Weekly and monthly rates available. Parking on site. Fully-equipped kitchen and Wi-Fi. No pets. Not wheelchair accessible.		

## HOLIDAY INN VANCOUVER CENTRE

<b>Address</b>	711 West Broadway (at Heather St.)	<b>Phone</b>	604-879-0511
<b>Email</b>	info@hivancouver.com	<b>Web</b>	<a href="http://www.hivancouvercentre.com">www.hivancouvercentre.com</a>
<b>Walk Time</b>	Approximately 10 minutes	<b>Rates</b>	Low Season (Oct – Apr) \$\$-\$\$\$ High Season (May-Sept): \$\$\$\$
<b>Description</b>	Parking extra fee of \$22 per day, WI-FI internet, on-site washer and dryer, fridge, accessible rooms, indoor swimming pool, fitness center, and Stages Restaurant. Room service available.		

## HOLIDAY INN DOWNTOWN

<b>Address</b>	1110 Howe St,	<b>Phone</b>	604-684-2151
<b>Email</b>	info@hivancouverdowntown.com	<b>Rates</b>	\$\$-\$\$\$
<b>Description</b>	<i>Often more economic than Broadway Holiday Inn.</i> Parking extra fee of \$29 per day, WI-FI internet, on-site washer and dryer, fridge, accessible rooms, indoor swimming pool, fitness center, and Unwind Restaurant. Room service available.		

## JEAN C. BARBER LODGE (CANADIAN CANCER SOCIETY)

<b>Address</b>	575 W 10th Ave (at Ash st.)	<b>Phone</b>	604-879-9131 Ext. 22214
<b>Walk Time</b>	Approximately 5 minutes	<b>Rates</b>	\$ 54.60/person/night
<b>Description</b>	Priority is given to cancer patients. Includes three meals daily and coin laundry. No TVs in the individual suites. Activity room with games and wireless internet are available. There is no guarantee parking. If clients have a car the suggestion is to park at VGH or the BC Cancer parkade.		

## LAUREL & 17TH (ACCESSIBLE SUITE)

<b>Address</b>	896 West 17th Ave (at Laurel St.)	<b>Phone</b>	604-209-7203
<b>Email</b>	info@laurelandseventeenth.com	<b>Web</b>	<a href="http://laurelandseventeenth.com">laurelandseventeenth.com</a>
<b>Walk Time</b>	Approximately 10 minutes VGH	<b>Rates</b>	\$\$
<b>Description</b>	Minimum 30 day stay. Wheelchair accessible, furnished 2 bedrooms, 1 bathroom and kitchen on top floor, with ramp and lift access. Bathroom with wheel in multi-use shower setup. Kitchen with microwave, fridge/freezer, dishwasher, oven with induction cooktop. In-suite washer and dryer.		

## THE LAUREL - HARBOUR OF HOPE

<b>Address</b>	898 West 24th Ave (at Laurel St.)	<b>Phone</b>	(604) 292-6799
<b>Web</b>	<a href="https://the-laurel-harbour-of-hope.business.site/">https://the-laurel-harbour-of-hope.business.site/</a>		
<b>Walk Time</b>	Approximately 20 minutes VGH	<b>Rates</b>	\$75/night
<b>Description</b>	Private rooms in shared accommodation for patients and families of patients. Every room has a queen size bed and an ensuite. Common areas include kitchen and laundry. Breakfast is provided daily. Not wheel accessible. Also option of 1 bedroom suite that may be available for longer stays.		

## SANDMAN SUITES ON W GEORGIA

<b>Address</b>	180 W Georgia St,	<b>Phone</b>	(604) 681-2211
<b>Email</b>	reservations@sandman.ca	<b>Web</b>	<a href="https://www.sandmanhotels.com">https://www.sandmanhotels.com</a>
<b>Walk Time</b>	Approximately 40 minutes	<b>Rates</b>	\$\$-\$\$\$
<b>Description</b>	Variety of rooms, including suites with kitchenettes and pet friendly rooms. Amenities include a pool, fitness area, free Wifi, and parking (additional fee). Variety of restaurants and shopping in the area. Wheelchair accessible.		

## SANDMAN SUITES ON DAVIE

<b>Address</b>	1160 Davie Street (at Jervis St.)	<b>Phone</b>	604-681-7263 Toll Free: 1-800-726-3626
<b>Email</b>	reservations@sandman.ca	<b>Web</b>	<a href="https://www.sandmanhotels.com">https://www.sandmanhotels.com</a>
<b>Walk Time</b>	Approximately 50 minutes/ 10 minute drive	<b>Rates</b>	Low Season (Oct-Apr): \$\$-\$\$\$ High Season (May-Sept): \$\$-\$\$\$
<b>Description</b>	Variety of rooms, including suites with kitchenettes and pet friendly rooms. Amenities include a pool, fitness area, free Wifi, and parking (additional fee). Variety of restaurants and shopping in the area. Wheelchair accessible. **To note: not in close proximity to VGH.		

## SHORT STAY SUITE

<b>Address</b>	225 West King Edward Ave. (at Columbia St.)	<b>Phone</b>	604-219-0914
<b>Email</b>	gfach@telus.net	<b>Web</b>	
<b>Walk Time</b>	To VGH - Approximately 26 minutes to GF Strong – Approximately 15 minutes	<b>Rates</b>	\$
<b>Description</b>	Minimum stay 3 nights. Self-contained basement suite with private entrance and key. Includes kitchenette, cable TV, wireless internet and local phone calls. In good weather, the backyard nicely extends the livable area. There is a shared clothes washer and dryer.		

## TWELVE OAKS BY MARQUEE APARTMENT

<b>Address</b>	2777 Oak Street, Vancouver, BC, V6H 3N3	<b>Phone</b>	604-428-5979
<b>Email</b>	iesmail@marqueegoc.com	<b>Web</b>	<a href="http://www.twelveoaksbymarquee.com">www.twelveoaksbymarquee.com</a>
<b>Walk Time</b>	Approximately 1 minute	<b>Rates</b>	\$
<b>Description</b>	Pet friendly fully furnished one bedroom and two bedroom units. Linen, towels, tableware, kitchenware and in-suite washer/dryer with cable TV, wifi, and hydro included. Common areas cleaned daily, live-in caretaker and secure underground parking. Medical rates available.		

## WINDSOR GUEST HOUSE

<b>Address</b>	325 West 11 <sup>th</sup> Ave. (at Alberta St.)	<b>Phone</b>	604-872-3060 Toll Free: 1-888-872-3060
<b>Email</b>	reservations@beautifulguesthouse.ca	<b>Web</b>	<a href="http://www.windsor.beautifulguesthouse.ca">www.windsor.beautifulguesthouse.ca</a>
<b>Walk Time</b>	Approximately 15 minutes	<b>Rates</b>	Low Season \$-\$\$ High Season: \$\$
<b>Description</b>	Extended or short term stays. Included TV, wireless internet, breakfast and parking. Rooms have a queen bed and private or shared bathroom. Two room penthouse available that sleeps four. <i>No Kitchen. Not Wheelchair Accessible</i>		

### Places to Stay Disclaimer

Vancouver Coastal Health has tried to compile complete and accurate information for their list, but will not be responsible for any errors or omissions and assumes no responsibility regarding the accuracy or completeness of the information.

This list of places to stay is provided for informational purposes only, and the listings have been selected based solely on proximity to VGH or the UBC Hospital. Inclusion in, or exclusion from the list does not imply any endorsement, approval or recommendation of, or comment on the quality or suitability of, any person or business by Vancouver Coastal Health. Any concerns you have related to a particular business must be discussed and resolved with them directly. Vancouver Coastal Health makes no promises, and assumes no responsibility regarding the availability, quality, or suitability of any listed business.

### Tips:

- Ask if they have a Medical Rate
- If planning on staying 30+ days, ask if they have a 30+day rate
- If staying at a hotel, consider a suite with a kitchenette
- If you are using a mobility aid (ex. cane, walker, wheelchair), consider asking about the accessibility of the building/suite