Maps, Parking, and Places to Stay

A Reference Guide for Patients and Families

Read this guide to learn about:

- Parking around the hospital
- Volunteer Driver's program
- Vancouver General Hospital amenities
- Eating around Vancouver General Hospital
- Recommendations when booking places to stay



Parking:

Where can I find parking around Vancouver General Hospital (VGH)?

You may be dropped off at the main entrances to the Jim Pattison Pavilion or Leon Blackmore Pavilion. Note that there is no temporary parking at these entrances – only active drop-off and pick-up allowed. Please refer to the included map for parkade locations and prices, these prices are subject to change.

VGH Parkade

This is located on Laurel Street and West 12th Avenue. There are two entrances: Laurel Street and West 12th Avenue.

Diamond Health Care Centre Parkade

This is located on Laurel Street, between West 10th and West 12th Avenues. There is only one entrance and it is accessible via Laurel Street.

Street Parking:

There are metered parking spaces around the hospital on 12th Street, Laurel Street and on the upper ramp of the Jim Pattison Pavilion entrance.

There is free street parking available on the street if you have time to drive around the side streets and don't mind walking a few blocks. Street parking closer to the hospital have a green 2-hour limit sign between 6am and 6pm. There is no time limit for these spaces at night between 6pm and 6am.

How can I find out more about Disabled parking stickers for my vehicle?

Applications for disabled parking stickers require approval from your doctor. To find out if you qualify, go online www.sparc.bc.ca/parking-permits/apply-for-a-permit/ or call 604-718-7744 or toll free at 1 888 718 7794.

Volunteer Drivers:

The Canadian Cancer Society, in partnership with the Freemasons and other volunteers, may be able to drive patients to their cancer <u>treatment</u> appointments at no cost. Donations accepted.

Please always book two days ahead if possible

Freemasons Volunteer Drivers (no charge) 604 872 2034

Covers Vancouver, Burnaby, New Westminster, Richmond Operates Monday to Friday

Volunteer Cancer Drivers Society (no charge) 604 515 5400

Covers North Shore, Tri-cities, Coquitlam, Port Coquitlam, Port Moody, Surrey, Delta, Langley, White Rock, New Westminster, Abbotsford, White Rock

Operates Monday to Friday

At Vancouver General Hospital:

The **volunteer help desk** located in the main entrance of Jim Pattison Pavilion can help you with any questions about resources and locations in the hospital.

Translators/Language Interpreters

Spoken language interpreters are available to help with communication between staff and patients who have limited English. These interpreters can only be requested by our staff, please speak to us if you or your family needs the help of an interpreter.

Spiritual Care at VGH 604-875-4151

Ask your nurse for a referral to our Spiritual Care services; non-denominational professionals can meet with you, regardless of your beliefs. There is a Sacred Space on the ground floor of Leon Blackmore Pavilion near the elevators. This is a quiet room, open to everyone, for prayer, meditation, reflection and ceremony.

http://www.vch.ca/your-care/cultural-spiritual-services/spiritual-care-multifaith-services

VGH's CIBC Centre for Patients and Families 604-875-5887

Located in VGH's main lobby, this is a quiet area where caregivers can access computers, phones, printers, copiers, fax machines and reading/media rooms. A librarian is also available to help recommend books & resources.

https://centreforpatients.vch.ca/practicalresources/about-us

Aboriginal Patient Navigator Program at VGH 1-877-875-1131

Ask for a referral to the Aboriginal Patient Navigator Program for requests for traditional ceremonies such as smudging, cedar and elder fan brushings or blanketing. See the link for the First Nations Health Authority's "Living with Cancer" Guide: http://www.fnha.ca/wellnessContent/Wellness/Living-With-Cancer.pdf

Where can I eat around Vancouver General Hospital?

- Sassafras Cafeteria offers a wide variety of foods. Relax in its large seating area, which includes lounge chairs, sofas and an outdoor patio. It is located on the 2nd floor of Jim Pattison Pavilion and the 3rd floor of Leon Blackmore Pavilion. Sassafras is open every day from 6:30 am to 7:00 pm.
- Café Ami offers a full range of sandwiches, pastries and cookies. It is located at the main entrance of Jim Pattison Pavilion. Café Ami is open every day from 6:00 am to 11:30 pm.
- **Zookaz Kaffé** offers a variety of food, including soups, paninis, pasta dishes, pastries and cookies. It located on the main floor of the Diamond Health Care Centre, across the street from Jim Pattison Pavilion (Laurel Street Exit). Zookaz Kaffé is open Monday to Friday from 6:00 am to 5:00 pm.
- Salad Loop® offers a variety of greens/legumes, fruits and beverages. It is located on the main floor of the Diamond Health Care Centre, across the street from Jim Pattison Pavilion (Laurel Street Exit). Salad Loop™ is open Monday to Friday from 7:00 am to 6:00 pm.
- Sushi Bento® Nouveau offers hot and cold ready-to-eat Asian food, including sushi combos and noodles. It is located on the main floor of the Diamond Health Care Centre, across the street from Jim Pattison Pavilion (Laurel Street Exit). Sushi Bento Nouveau is open Monday to Friday from 10:30 am to 5:00 pm.
- Starbucks® Coffee and Shoppers Drug Mart® Pharmacy: Both are located on the main floor of the Diamond Health Care Centre, across the street from Jim Pattison Pavilion (Laurel Street Exit).

Tim Horton's® and many more local restaurants, coffee shops and stores are located along West Broadway, 1 block north of 10th Ave.

At the Cambie St. and West Broadway Intersection (15-20 minute walk):

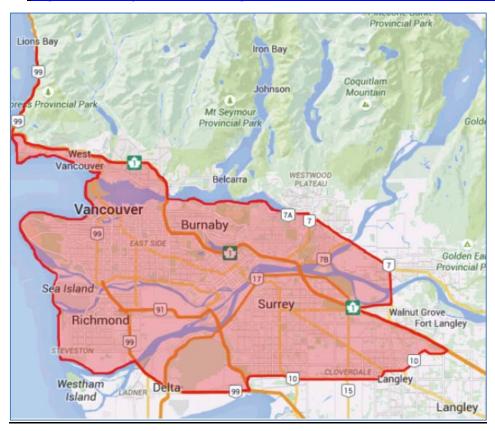
- Broadway-City Hall Skytrain Station
- London Drugs Pharmacy
- Save-On-Foods Groceries
- Whole Foods Groceries
- Canadian Tire
- Best Buy
- Homesense/Winners

I'm from out of town, where could I stay?

Many patients requiring treatment do not live in the Lower Mainland. Our team can assist you in finding accommodations, see the following pages for options.

IMPORTANT things to consider when organizing accommodations:

- Ensure accommodations are within a 60 minute drive to Vancouver General Hospital; please see the boundary map below.
- Patients with weak immune systems will not be able to take public transit.
- Our program can't ensure all of the housing options in the following pages are appropriate for patients. Please <u>always visit the apartment</u> or thoroughly research options before booking long term accommodations.
- To plan for unpredictable schedule changes, we recommend booking accommodations with a flexible cancellation policy.
- Try to choose lodgings that have an elevator or a minimum amount of stairs.
- When making reservations, ask if the location has "Medical Rates".
- Also see http://centreforpatients.vch.ca/practicalresources/accommodations



Places To Stay - (VGH) & (GF Strong) Area

Nightly Price Range

\$ = \$0 - \$100

\$\$ = \$100 - \$150

\$\$\$ = \$150 - \$200

\$\$\$\$ = \$200+

All are less than 30 minutes walking distance to VGH.

Accommodations by Pillow Suites

2859 and 2875 Manitoba Street (at West 13th Ave.)

Phone: 604-879-8977 Email: suites@pillow.net Web: www.pillow.net Rates: Low season: \$ High season: \$-\$\$

Walk Time: Approximately 25 minutes

Minimum 30-day stay. 1 and 2 bedroom furnished apartments, fully equipped kitchens. 2 apartments with dishwashers. 2-bedrooms have in-suite washer/dryer. Includes access to washer/dryer, wireless internet, telephone with answering machine, TV and separate entrances. Free limited parking.

Accommodations at Plaza 500 Apartments

500 West 12th Ave. (at Cambie St.)

Phone: 604-255-9564

Email: leasing@biddwell.com Web: http://www.plaza500.com Rates: Low season: \$ - \$\$

High season: \$\$-\$\$\$

Walk Time: Approximately 5 minutes

Minimum 30-day stay. Studio and 1 Bedroom furnished luxury apartments, fully quipped kitchens with dishwashers, in-suite laundry, building concierge, wireless internet TV, and secure underground parking.

Cambie Lodge B&B

446 West 13th Ave. (at Cambie St.)

Phone: 604-872-3060 Toll Free: 1-888-872-3060

Email: reservations@beautifulguesthouse.ca Web: http://cambie.beautifulguesthouse.ca

Rates: Low season: \$ - \$\$

High season: \$\$

Walk Time: Approximately 15 minutes

Extended or short term stays. Includes TV, wireless internet, breakfast and parking. Rooms have a queen bed and private or shared bathroom, or a limited number of 2-room suites for a family of 5 members. Medical discount available.

Cambie Village Penthouse

302-592 West 16 Ave Phone: 778-984-6366

Email: lpenseney@gmail.com

Rates: Low season: \$
High season: \$\$

Walk Time: Approximately 10 minutes

Spacious great room, kitchen, two small balconies and small deck with Northshore mountain views. Two couples can be very comfortable. In suite laundry facilities for one month stay. Includes: Netflix TV, wireless internet, indoor parking by arrangement.

Douglas Guest House

456 West 13th Ave. (at Cambie St.)

Phone: 604-872-3060 Toll Free: 1-888-872-3060

Email: reservations@beautifulguesthouse.ca Web: http://douglas.beautifulguesthouse.ca

Rates: Low season: \$ - \$\$

High season: \$\$

Walk Time: Approximately 15 minutes

Extended or short term stays. Private rooms with queen bed and shared bathroom, or a limited number of 2-room suites with kitchenette and private bath. Includes TV, wireless internet, breakfast and parking. Medical discount available.

Dougwest Building

464 West 13th Ave. (at Cambie St.)

Phone: 604-872-3060 Toll Free: 1-888-872-3060

Email: dougwest@beautifulguesthouse.ca Web: http://dougwest.beautifulguesthouse.ca/

Rates: Low season: \$ - \$\$

High season: \$\$

Walk Time: Approximately 15 minutes

Long stay. Private rooms with queen bed and shared bathroom, TV, wireless internet, a large fully equipped kitchen, coin-operated laundry and a large living room for common

use. Maid services once a week.

Easter Seals House

3981 Oak Street (at West 24th Ave.)

Phone: 604-736-3475 Toll Free: 1-800-818-3666 Web: www.lionsbc.ca

Rates: \$ (\$40 for one adult, \$25 for the second adult, and \$7 for the child if paid by

ministry. Free for all children admitted to hospital)

Walk Time: Approximately 20 minutes

Maximum 10-day stays for adult. Extended or short stays for children admitted to the hospital. Free parking (first come first served), TV and kitchenettes. No pets.

Fairview Guest House

896 W. 13th Ave. (at Laurel St.)

Phone: 604-873-0842

Rates: \$ - \$\$

Walk Time: Approximately 5 minutes

Weekly and monthly rates available. Parking on site. Fully-equipped kitchen, and wireless internet. No pets. Nonsmoking.

Holiday Inn Vancouver Centre

711 West Broadway (at Heather St.)

Phone: 604-879-0511

Email: info@hivancouver.com
Web: www.hivancouvercentre.com

Rates: Low Season (October- April) \$\$-\$\$\$

High Season (May-September) \$\$\$

Jean C. Barber Lodge (Canadian Cancer Society)

Phone: 604-879-9131 ext. 22214

Rates: \$ Walk Time:

The Jean C. Barber Lodge has moved from 575 West 10th Ave. Please call the above number for more information.

Jeanette's Guest House

1180 West 15th Ave. (Oak and 15th)

Phone: 788-899-3800 Rates: \$-\$\$, includes wifi

Walk Time: Approximately 10 minutes

Fully furnished rooms, single or queen beds, 2 full bathrooms per floor. Equipped kitchen with eating area, plus a spacious living/dining room with T.V. Coin operated washer/dryer. Free parking, private courtyard. Cleaning staff for all common areas.

Manor Guest House

345 West 13th Ave. (at Yukon St.)

Phone: 778-239-4773

Email: stay@manorguesthouse.com Web: http://www.manorguesthouse.com

Rates: Low season: \$ High season: \$\$

Walk Time: Approximately 15 minutes

Nightly, weekly and monthly rates. Fully furnished studio and two bedroom suites. Private baths and kitchens. Laundry facilities for one week stay and longer. Includes cable TV, wireless internet, telephone, and parking.

Oakway Manor

935 West 10th Ave. (at Laurel St.)

Phone:604-220-3756 (cell) 604-734-6880 (office) Fax: 604-734-9480

Email: alfred.siemens@yahoo.com

Rates: \$ - \$\$

Walk Time: Approximately 3 minutes

Monthly rates. Self-contained private apartment suites with balconies and private entrances. Includes kitchen, TV, wireless internet and telephone. Located across the

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Email: alfred.siemens@yahoo.com

Rates: \$ - \$\$

Walk Time: Approximately 3 minutes

Monthly rates. Self-contained private apartment suites with balconies and private entrances. Includes kitchen, TV, wireless internet and telephone. Located across the

street from VGH Emergency. Coin laundry facilities available. Extended or short term stays.

Park Inn and Suites by Radisson

898 West Broadway (at Laurel St.)

Phone: 604-872-8661 Toll Free: 1-800-663-5403

Web: http://www.parkinn.com/vancouverca

Rates: Low season (Oct-Apr): \$-\$\$

High season (May-Sept): \$\$

Walk Time: Approximately 5 minutes

Medical rates & extended stay rate options. Full service hotel located adjacent to VGH Emergency. Rooms with free Wi-Fi, private balcony, mini-fridge, microwave & coffee maker. Featuring on-site restaurant, coin laundry, fitness room, and business centre. Parking available for \$15 per day. When making reservations on behalf of clients we require a 3rd party authorization form to be filled out in order to guarantee the guestroom(s) be held.

Short Stay Suite

225 West King Edward Ave. (at Columbia St.)

Phone:604-219-0914 Email: gfach@telus.net

Rates: \$

Walk Time: To G.F. Strong: approximately 15 min. To VGH: approximately 26 min. Minimum stay 3 nights. Self-contained basement suite with private entrance and key. Includes kitchenette, cable TV, wireless internet and local phone calls. In good weather, the backyard nicely extends the livable area. There is a shared clothes washer and dryer.

Windsor Guest House

325 West 11th Ave. (at Alberta St.)

Phone:604-872-3060 Toll Free: 1-888-872-3060

Email: reservations@beautifulguesthouse.ca Web: http://windsor.beautifulguesthouse.ca

Rates: Low season: \$ - \$\$

High season: \$\$

Walk Time: Approximately 15 minutes

Extended or short term stays. Includes TV, wireless internet, breakfast and parking. Rooms have a queen bed and private or shared bathroom. Two room penthouse available that sleeps four.

Places to Stay Disclaimer

Vancouver Coastal Health has tried to compile complete and accurate information for their list, but will not be responsible for any errors or omissions and assumes no responsibility regarding the accuracy or completeness of the information.

This list of places to stay is provided for informational purposes only, and the listings have been selected based solely on proximity to VGH or the UBC Hospital. Inclusion in, or exclusion from the list does not imply any endorsement, approval or recommendation of, or comment on the quality or suitability of, any person or business by Vancouver Coastal Health. Any concerns you have related to a particular business must be discussed and resolved with them directly.

Vancouver Coastal Health makes no promises, and assumes no responsibility regarding the availability, quality, or suitability of any listed business. Rev March 2019